

Chronic Pain Management Referral Checklist – Referring Providers

This checklist is provided to support efficient processing and clear expectations.

Private-Pay • By Appointment Only

Step 1 — Referral Submission

Referral must include:

- Diagnosis (Specify site, laterality, and severity when applicable)
- Reason for referral
- Relevant clinical history

Diagnostic specificity is required to allow clinical review.

Step 2 — Initial Screening

After referral is received, our New Patient Coordinator will contact the patient for screening.

Documentation is requested following screening if aligned with our care model.

Step 3 — Supporting Documentation (If Proceeding)

Please provide the following to allow timely clinical review:

- Three most recent primary care visit notes (Including at least one in-person visit within the past 3 months)
- CT and/or MRI related to the chronic condition (Imaging should reflect chronic findings)
- Relevant specialist notes when applicable
- Visit notes from previous pain management providers

Important Notes

Clinical review begins once required documentation has been received. Providing complete records helps prevent delays. Acceptance is based on clinical appropriateness and alignment. We are not an urgent or same-week prescribing clinic.

Our Approach

Structured, evidence-based chronic pain management with follow-up intensity tailored to clinical stability and safety.